

Information for Physician

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore; when completing this form, please note whether these conditions are present, and to what degree. Scale 1-5: 1 Moderate – 5 Severe

Orthopedic

- Spinal Fusion
- Spinal Instabilities/Abnormalities
- Atlanto-axial Instabilities
- Scoliosis
- Kyphosis
- Lordosis
- Hip Subluxation & Dislocation
- Osteoporosis
- Pathologic Fractures
- Coxas Arthosis
- Heterotopic Ossification
- Osteogenesis Imperfecta
- Cranial Deficits
- Spinal Orthoses
- Internal Spinal Stabilization Devises

Neurologic

- Hydrocephalus/shunt
- Spina Bifida
- Tethered Cord
- Chiari II Malformation
- Hydromyelia
- Paralysis due to Spinal Cord injury
- Seizure Disorders

Medical/Surgical

- Allergies
- Cancer
- Poor Endurance
- Recent Surgery
- Diabetes
- Peripheral Vascular Disease
- Varicose Veins
- Hemophilia
- Hypertension
- Serious Heart Condition
- Stroke (Cerebrovascular Accident)

Secondary Concerns

- Behavioral problems
- Age under four years
- Acute exacerbation of chronic disorder
- Indwelling catheter

Additional requirement for Down's Syndrome

- 1) a medical exam with special reference to neurological function.
- 2) lateral or side view x-rays (within the last five years) of the upper cervical region in full flexion and full extension
- 3) certification from a physician that an exam did not reveal atlanto-axial instability or focal neurological disorder.